



YONEX GSB INTERNATIONAL CAMP 2025

Organised by Greve Strands Badmintonklub

Greve Strands Badmintonklub organises YONEX GSB International Camp from

Sunday 27 July to Friday 1 August 2025

in Greve Idrætscenter, Lillevangsvej 88, 2670 Greve (20 minutes from Copenhagen & Kastrup Airport)

GSB International Camp

YONEX GSB International Camp is aimed at competition players aged from 12 to 19. Players should train a minimum of 6 hours per week and regularly participate in national tournaments. This camp is for players who would like to have a fun and fruitful badminton week with lots of new badminton knowledge and a chance to meet international friends while improving their badminton skills before the next season starts.

About the YONEX GSB International Camp

The improvement of the players is our top priority at YONEX GSB Intl. Camp. High quality training will be planned and tailored to the level of the players. You can expect a lot of serious training but also some fun training. During breaks and non-training time, we make sure that players rest, socialize and have fun together. This year, Bowen Therapy will be introduced to the players at the camp. Read more about it [here](#).

We have experienced, Danish GSB coaches combined with international coaches who will be providing an inspiring training environment.

Last year we had participants from Denmark, Germany, Netherlands, Belgium, Luxembourg, England, Iceland, Hungary, Ukraine, Canada, Switzerland, Czech Republic, Italy and Portugal. We have heard from several people that they intend to come back and bring their friends. **YONEX GSB INTERNATIONAL CAMP 2025** is ready to welcome new and old friends.

Time	Example of training day
08:00 – 09:00	Breakfast
09:00 – 09:15	Morning assembly
09:15 – 10:00	Warm up/footwork - speed
10:00 – 11:00	Deceptive shots from back court 1
11:00 – 12:00	Single defensive/tactical exercises
12:00 – 13:00	Lunch
13:00 – 14:30	Outdoor activities
15:00 – 16:00	Deceptive shots from back court 2
16:00 – 17:00	Match play/cool down
18:00 – 19:00	Dinner
19:30 – 22:30	Social activities

The Coaching Team

The coaching team will consist of Danish and international coaches.

You can expect to meet familiar names as:

Andrew Aspinal (England)
Stein Bondroit (Belgium)
Tania Teoh (Denmark/Malaysia)
Oliver Barsholm (Denmark)
Frederik Holm (Denmark)
Adam Meyer (Denmark)

...and more 😊



We will release the coaching names on the Camp Page: https://www.facebook.com/gsbcamp?locale=da_DK

Practical information



YONEX GSB Intl. Camp includes accommodation in the hall and three meals per day and fruits/snacks/juice.

Remember to bring the following:

- Outdoor shoes
- Swimsuit/pants
- Airbed, pillow, sleeping bag, toothbrush and other essentials (airbed and sleeping bag can be rented)
- Eagerness to learn and to meet new international friends

Sign up

Sign up via e-mail to camp@grevebadminton.dk with the following information:

- Write **YONEX GSB INTL. Camp** as subject
 - Player name
 - Age
 - Level
- Allergies, vegan, other
- Rental of airbed and/or sleeping bag
- Accompanying people

The price of the camp is €470. Arrival for international players is on Saturday 26th July and includes dinner and airport transfers. We accept cash payment on arrival.

- Accompanying coaches/parents will cost €250 which includes airport transfer, accommodation in the hall and meals with the players
- Airbed and sleeping bag can be rented for €20
- Camp ends on Friday, 1st August at 12.00

We have 64 places at the **YONEX GSB INTERNATIONAL CAMP**. Slot reservation is based on first come first served basis. So please register early. **Registration will open 1. February 2025.**

If participation is cancelled after 15th June 2025, please accept a cancellation fee of €150 to cover costs.

Please note that taking part in the camp is at your own risk and that we encourage you to take up insurance policy. If you have any questions, please do not hesitate to write to camp@grevebadminton.dk

